

Welcome Back to School

Metz is excited to start another year at Jenkintown School District. We are looking forward to seeing your smiling faces this school year.

School meals are important to fuel healthy minds and bodies, and we strive to offer student favorites that are both delicious and nutritious. We can't wait to welcome you back into the cafeteria!

Why choose school meals?

School meals include nutritious foods including fruits, vegetables, lean proteins, milk, and whole grains. Consistent exposure to a wide variety of foods not only encourages students to try something new, but also helps build lifelong healthy habits and a positive relationship with food. School meals are also a great value. Each lunch meal comes with a **PROTEIN, GRAIN, FRUIT, VEGETABLE, & MILK**. Breakfast comes with a **GRAIN, PROTEIN/GRAIN, FRUIT, & MILK**.

Students must take at least 1 serving of fruit or vegetable but can select up to 2 servings. Where else can you find that kind of deal?

At Jenkintown School District, we participate in the Breakfast After the Bell program. Breakfast is free for all students. Breakfast comes with a **GRAIN, PROTEIN/GRAIN, FRUIT, & MILK**

| Grade & Location | Breakfast Time & Location |
|------------------|---|
| Grades 7-12 | 7:40– 8:00 Main Entrance/ LINK Grab n' Go |
| Grades K-6th | 8:15-8:30 Grab n' Go from the Cafeteria |

Where can I find the menus?

Monthly menus will be posted online through SchoolCafe. Click on the link to view menus.

<https://www.schoolcafe.com/Jenkintown>

While we try our best to follow the posted menu, ongoing supply chain issues necessitate substitutions at times. Please contact us if you have questions or concerns about menu changes or product substitutions. We appreciate your patience, understanding, and flexibility as we work to provide nutritious school meals in this challenging and changing environment.

Free and Reduced Meal Applications

Easily apply online for Free or Reduced-price school meals. You can find the Application at:

[2024-2025 Meal Application](#)

What if my student has a food allergy or other special dietary need?

We take food allergies and other special dietary needs very seriously and work with you and the school nurse to provide a safe meal to your student. If your student has a food allergy or other dietary need, please let your school nurse know prior to the start of the school year so that an appropriate plan can be put in place. If your student is diagnosed with a new food allergy or dietary need

2024-2025 Meal Pricing

Breakfast
All Students Eat Free

Lunch
Regular: Elementary \$2.85/HS \$3.35
Free & Reduced: \$0.00
a la carte & snack options also available

For your convenience, **online prepayments** are possible using the site <https://www.schoolcafe.com/Jenkintown>. Cash or a check can also be applied to your child's account by any cashier.

Wishing you a happy and healthy school

Have questions, or just want to say hi? Contact us!

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