

Jenkintown School District ELEMENTARY Lunch Menu

January 2026



Meet Your Nutritious Friend:
Brown Rice Besties

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
29	30	31 Happy New Year 2026	1	2	Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
5 Popcorn Chicken Bowl Cheeseburger FEATURED VEGGIES Steamed Corn	6 Chicken & Cheese Quesadilla Chicken Patty Sandwich FEATURED VEGGIES Street Corn Salad Salsa	7 Turkey & Cheese Melt on a Croissant Italian Hoagie FEATURED VEGGIES Steamed Broccoli Fresh Cucumber	8 Ham & Cheese on Pretzel Roll Crispy Fishsticks FEATURED VEGGIES Baked Beans Fresh Green Peppers	9 Pizza Dunks Turkey Hoagie FEATURED VEGGIES Steamed Green Beans Baby Carrots	Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate, fat-free strawberry
12 Toasted Cheese Sandwich Turkey Hoagie FEATURED VEGGIES Tomato Soup Tater Tots	13 Walking Tacos Cheeseburger FEATURED VEGGIES Refried Beans Lettuce & Tomato	14 Breakfast Only	15 Italian Super Sub Chicken Tenders w/ Pretzel Stick FEATURED VEGGIES Curly Fries Apple Cider Slaw	16 PIZZA DAY Italian Hoagie FEATURED VEGGIES Steamed Green Beans Baby Carrots	Daily Alternates Fresh Entree Salads, Cheeseburger, Cold Cut Sandwiches, Wraps, or Chicken Patty Sandwiches in Limited Quantities w/ Rotating Availability Peanut Butter & Jelly
19 NO SCHOOL	20 Cheesesteak on a Roll Lasagna FEATURED VEGGIES Tater Tots Celery Sticks with Ranch	21 Walking Tacos Cheeseburger FEATURED VEGGIES Mexicali Corn Tomato & Onion Salad	22 Indian Butter Chicken over Brown Rice Pasta Bar FEATURED VEGGIES Steamed Broccoli Fresh Green Peppers	23 PIZZA DAY Turkey Hoagie FEATURED VEGGIES Steamed Green Beans Baby Carrots	Please let us know if we can accommodate any Medically Diagnosed Food Allergies
26 Hot Dog on a Roll Turkey Hoagie FEATURED VEGGIES Oven Fries Cucumber Slices	27 Burger Bar Chicken Patty Sandwich FEATURED VEGGIES Baked Beans Lettuce & Tomato	28 French Toast Sticks with Turkey Sausage Crispy Fish Sticks FEATURED VEGGIES Smiley Fries Fresh Green Peppers	29 Mac & Cheese Bar Cheeseburger FEATURED VEGGIES Roasted Tomatoes Apple Cider Slaw	30 PIZZA DAY Ham & Cheese Hoagie FEATURED VEGGIES Steamed Green Beans Baby Carrots	
<div> <div> Metz Culinary at Jenkintown Chris Talmadge, General Manager Chris.Talmadge@metzcorp.com </div> <div> Meal Prices Reduced Student Lunch HS Student Lunch ES Student Lunch Faculty Lunch <div> FREE \$3.35 \$2.85 \$4.65 </div> </div> </div>					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

