

Jenkintown School District
ELEMENTARY Lunch Menu

January 2026



Meet Your Nutritious Friend:
Brown Rice Besties

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31 Happy New Year 2026	1	2
5 Popcorn Chicken Bowl Cheeseburger FEATURED VEGGIES Steamed Corn	6 Chicken & Cheese Quesadilla Chicken Patty Sandwich FEATURED VEGGIES Street Corn Salad Salsa	7 Turkey & Cheese Melt on a Croissant Italian Hoagie FEATURED VEGGIES Steamed Broccoli Fresh Cucumber	8 Ham & Cheese on Pretzel Roll Crispy Fishsticks FEATURED VEGGIES Baked Beans Fresh Green Peppers	9 Pizza Dunkers Turkey Hoagie FEATURED VEGGIES Steamed Green Beans Baby Carrots
12 Toasted Cheese Sandwich Turkey Hoagie FEATURED VEGGIES Tomato Soup Tater Tots	13 Walking Tacos Cheeseburger FEATURED VEGGIES Refried Beans Lettuce & Tomato	14 Breakfast Only	15 Italian Super Sub Chicken Tenders w/ Pretzel Stick FEATURED VEGGIES Curly Fries Apple Cider Slaw	16 PIZZA DAY Italian Hoagie FEATURED VEGGIES Steamed Green Beans Baby Carrots
19 NO SCHOOL	20 Cheesesteak on a Roll Lasagna FEATURED VEGGIES Tater Tots Celery Sticks with Ranch	21 Walking Tacos Cheeseburger FEATURED VEGGIES Mexicali Corn Tomato & Onion Salad	22 Indian Butter Chicken over Brown Rice Pasta Bar FEATURED VEGGIES Steamed Broccoli Fresh Green Peppers	23 PIZZA DAY Turkey Hoagie FEATURED VEGGIES Steamed Green Beans Baby Carrots
26 Hot Dog on a Roll Turkey Hoagie FEATURED VEGGIES Oven Fries Cucumber Slices	27 Burger Bar Chicken Patty Sandwich FEATURED VEGGIES Baked Beans Lettuce & Tomato	28 French Toast Sticks with Turkey Sausage Crispy Fish Sticks FEATURED VEGGIES Smiley Fries Fresh Green Peppers	29 Mac & Cheese Bar Cheeseburger FEATURED VEGGIES Roasted Tomatoes Apple Cider Slaw	30 PIZZA DAY Ham & Cheese Hoagie FEATURED VEGGIES Steamed Green Beans Baby Carrots
Metz Culinary at Jenkintown Chris Talmadge, General Manager Chris.Talmadge@metzcorp.com		Meal Prices Reduced Student Lunch FREE HS Student Lunch \$3.35 ES Student Lunch \$2.85 Faculty Lunch \$4.65		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

Daily Alternates

Fresh Entree Salads, Cheeseburger, Cold Cut Sandwiches, Wraps, or Chicken Patty Sandwiches in Limited Quantities w/ Rotating Availability

Peanut Butter & Jelly

Please let us know if we can accommodate any Medically Diagnosed Food Allergies