

Jenkintown School District
MS/HS Lunch Menu

January 2026



Meet Your Nutritious Friend:
Brown Rice Besties

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31 Happy New Year 2026	1	2
5 General Tso Chicken FEATURED VEGGIES Steamed Corn	6 Chicken & Cheese Quesadilla FEATURED VEGGIES Street Corn Salad Salsa	7 Turkey & Cheese Melt on a Croissant FEATURED VEGGIES Steamed Broccoli Fresh Cucumber	8 Buffalo Chicken Dip over Tortilla Chips FEATURED VEGGIES Baked Beans Fresh Green Peppers	9 PIZZA DAY FEATURED VEGGIES Steamed Green Beans Baby Carrots
12 Toasted Cheese Sandwich FEATURED VEGGIES Tomato Soup Tater Tots	13 Walking Tacos FEATURED VEGGIES Refried Beans Lettuce & Tomato	14 Breakfast Only	15 Italian Super Sub FEATURED VEGGIES Curly Fries Apple Cider Slaw	16 PIZZA DAY FEATURED VEGGIES Steamed Green Beans Baby Carrots
19 NO SCHOOL	20 Cheesesteak on a Roll FEATURED VEGGIES Tater Tots Celery Sticks with Ranch	21 Walking Tacos FEATURED VEGGIES Mexicali Corn Tomato & Onion Salad	22 Indian Butter Chicken over Brown Rice FEATURED VEGGIES Steamed Broccoli Fresh Green Peppers	23 PIZZA DAY FEATURED VEGGIES Steamed Green Beans Baby Carrots
26 Hot Dog on a Roll FEATURED VEGGIES Oven Fries Cucumber Slices	27 Burger Bar FEATURED VEGGIES Baked Beans Lettuce & Tomato	28 French Toast Sticks with Turkey Sausage FEATURED VEGGIES Smiley Fries Fresh Green Peppers	29 Mac & Cheese Bar FEATURED VEGGIES Roasted Tomatoes Apple Cider Slaw	30 PIZZA DAY FEATURED VEGGIES Steamed Green Beans Baby Carrots
Metz Culinary at Jenkintown Chris Talmadge, General Manager Chris.Talmadge@metzcorp.com		Meal Prices Reduced Student Lunch FREE HS Student Lunch \$3.35 ES Student Lunch \$2.85 Faculty Lunch \$4.65		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

