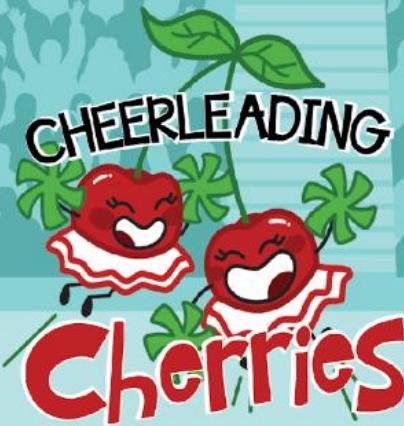


Jenkintown School District
MS/HS Lunch Menu

February 2026



Meet Your Nutritious Friend:
Cheerleading Cherries

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?								
2 General Tso's w/ Brown Rice FEATURED VEGGIES Mixed Veggies Baby Carrots	3 Pasta Bar Lasagna FEATURED VEGGIES Steamed Peas Green Pepper Strips	4 Dip 'n' Dust CHICKEN WINGS FEATURED VEGGIES Steamed Corn Chickpea Salad	5 French Toast w/ Turkey Sausage FEATURED VEGGIES Hash Brown Potato Fresh Cucumber Slices	6 Pizza Day FEATURED VEGGIES Green Beans Baby Carrots	Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.								
9 Italian Meatballs & Cheese on a Roll FEATURED VEGGIES Oven Fries Fresh Pepper Strips	10 Walking Taco FEATURED VEGGIES Refried Beans Lettuce & Tomato	11 BREAKFAST ONLY	12 Grilled Cheese Sandwich FEATURED VEGGIES Tomato Soup Corn Salad	13 PIZZA DAY FEATURED VEGGIES Green Beans Baby Carrots	Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate, fat-free strawberry								
16 NO SCHOOL	17 Chicken & Cheese Quesadilla FEATURED VEGGIES Street Corn Salad Salsa	18 Pepper Steak w/ Lo Mein FEATURED VEGGIES Steamed Broccoli Fresh Cucumber	19 Hot Ham & Cheese on a Pretzel Roll FEATURED VEGGIES Baked Beans Apple Cider Slaw	20 PIZZA DAY FEATURED VEGGIES Green Beans Baby Carrots	 Daily Alternates Fresh Entree Salads, Cheeseburger, Cold Cut Sandwiches, Wraps, or Chicken Patty Sandwiches in Limited Quantities w/ Rotating Availability Peanut Butter & Jelly Please let us know if we can accommodate any Medically Diagnosed Food Allergies								
Metz Culinary at Jenkintown Chris Talmadge, General Manager Chris.Talmadge@metzcorp.com		Meal Prices <table> <tr> <td>Reduced Student Lunch</td> <td>FREE</td> </tr> <tr> <td>HS Student Lunch</td> <td>\$3.35</td> </tr> <tr> <td>ES Student Lunch</td> <td>\$2.85</td> </tr> <tr> <td>Faculty Lunch</td> <td>\$4.65</td> </tr> </table>				Reduced Student Lunch	FREE	HS Student Lunch	\$3.35	ES Student Lunch	\$2.85	Faculty Lunch	\$4.65
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

