

Jenkintown School District  
**Elementary Lunch Menu**

**May 2026**



**Meet Your Nutritious Friend:**  
**Avocado-do**

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b>May 5<sup>th</sup></b>  <b>Cinco de Mayo!</b></p>		<p>1                      Pizza Day                      Italian Hoagie                      PBJ Uncrustable Craveable                      FEATURED VEGGIES                      Roasted Green Beans                      Baby Carrots</p>
<p>4                      Meatball Sandwich                      Italian Hoagie                      Super Fruit Craveable                      FEATURED VEGGIES                      Oven Fries                      Fresh Pepper Strips</p>	<p>5                      Walking Tacos                      Cheeseburger                      Super Fruit Craveable                      FEATURED VEGGIES                      Mexicali Fiesta Corn                      Elote Street Corn Salad</p>	<p>6                      Hot Dog on a Roll                      Chicken Patty Sandwich                      Super Fruit Craveable                      FEATURED VEGGIES                      Baked Beans                      Sliced Cucumbers</p>	<p>7                      Grilled Cheese                      Cheeseburger                      Super Fruit Craveable                      FEATURED VEGGIES                      Tomato Soup                      Celery Sticks</p>	<p>8                      Pizza Dunkers                      Turkey Hoagie                      Super Fruit Craveable                      FEATURED VEGGIES                      Roasted Green Beans                      Baby Carrots</p>
<p>11                      Turkey &amp; Cheese Melt on a Pretzel Bun                      Chicken Patty Sandwich                      Soft Pretzel Craveable                      FEATURED VEGGIES                      Mashed Potatoes                      Steamed Corn</p>	<p>12                      Pepper Steak &amp; Lo Mein                      Turkey Hoagie                      Soft Pretzel Craveable                      FEATURED VEGGIES                      Roasted Broccoli                      Pineapple Salad</p>	<p>13                      Mac &amp; Cheese                      Cheeseburger                      Soft Pretzel Craveable                      FEATURED VEGGIES                      Baked Beans                      Cucumber</p>	<p>14                      French Toast w/ Turkey Sausage                      Chicken Patty Sandwich                      Soft Pretzel Craveable                      FEATURED VEGGIES                      Seasoned Corn                      Celery Sticks</p>	<p>15                      Pizza Day                      Turkey Hoagie                      Soft Pretzel Craveable                      FEATURED VEGGIES                      Roasted Green Beans                      Baby Carrots</p>
<p>18                      Pasta Bar                      Turkey Hoagie                      Pizza Craveable                      FEATURED VEGGIES                      Steamed Mixed Veggies                      Fresh Green Peppers</p>	<p>19  <b>NO SCHOOL</b></p>		<p>20                      Cheeseburger on a Bun                      Chicken Patty Sandwich                      Pizza Craveable                      FEATURED VEGGIES                      Glazed Carrots                      Broccoli Salad</p>	<p>21                      Corn Dog                      Cheeseburger                      Pizza Craveable                      FEATURED VEGGIES                      Oven Fries                      Coleslaw</p>
<p>25  <b>NO SCHOOL MEMORIAL DAY</b></p>	<p>26                      Waffle w/ Turkey Sausage                      Cheeseburger                      PBJ Uncrustable Craveable                      FEATURED VEGGIES                      Tater Tots                      Sliced Cucumber</p>	<p>27                      Walking Taco                      Turkey Hoagie                      PBJ Uncrustable Craveable                      FEATURED VEGGIES                      Tater Tots                      Tomato Salad</p>	<p>28                      BBQ Rib Shaped Sandwich                      Chicken Patty Sandwich                      PBJ Uncrustable Craveable                      FEATURED VEGGIES                      Steamed Broccoli                      Celery Sticks with Ranch</p>	<p>COLOR DAY=NO LUNCH                      Pepperoni Pizza                      Turkey Hoagie                      Pizza Craveable                      FEATURED VEGGIES                      Roasted Green Beans                      Baby Carrots</p>
<p>COLOR DAY=NO LUNCH                      Pepperoni Pizza                      Turkey Hoagie                      PBJ Uncrustable Craveable                      FEATURED VEGGIES                      Roasted Green Beans                      Baby Carrots</p>				

**What is a Meal?**  
 Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

**Choice of Vegetable**

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

**Choice of Fruit**

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

**Choice of Milk**

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

**CRAVEABLES**

a build your own meal option for students, similar to those found in the prepared deli section of a supermarket

**Pizza Craveable**

Turkey pepperoni, Flatbread, Mozzarella Cheese, Pizza Sauce, Apple Slices

**Soft Pretzel Craveable**

2.2 oz Whole Grain Soft Pretzel with 4 oz Yogurt, String Cheese, Apple Slices

**PBJ Uncrustable Craveable**

2.6 oz Whole Grain Uncrustable, Cheese Stick, Goldfish Crackers, Apple Slices

**SuperFruit Craveable**

Apple Slices, Canned Peaches, 2 String Cheese, Goldfish Crackers

**Daily Alternates**

Fresh Entree Salads, Cheeseburger, Cold Cut Sandwiches, Wraps, or Chicken Patty Sandwiches

**Metz Culinary at Jenkintown**  
 Chris Talmadge, General Manager  
[Chris.Talmadge@metzcorp.com](mailto:Chris.Talmadge@metzcorp.com)

**Meal Prices**

Reduced Student Lunch	FREE
HS Student Lunch	\$3.35
ES Student Lunch	\$2.85
Faculty Lunch	\$4.65

