Jenkintown Elementary LUNCH Menu

November 2026

EAT SMART
BE SMART



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Tenders with Soft Pretzel Turkey Hoagie **Nachos Craveable** Glazed Carrots Cucumber Slices	**3** NO SCHOOL	**4** Hot Ham & Cheese on a Pretzel Roll Chicken Patty **Nachos Craveable** **Baked Beans** **Fresh Cucumber Slices**	**5** Cheesesteak Sub Cheeseburger **Nachos Craveable** **Peppers & Onions** **Grape Tomatoes**	**6** Pizza Pierogis Italian Hoagie **Nachos Craveable** **Green Beans** **Baby Carrots**
9 Chicken Patty on a Bun Italian Hoagie w/ Sun Chips **Soft Pretzel Craveable** **Steamed Broccoli** **Fresh Pepper Strips**	**10** Walking Tacos Cheeseburger **Soft Pretzel Craveable** **Latin-Inspired Beans** **Tomato Salad**	**11** Sausage, Egg & Cheese Waffle Flatbread Sandwich Chicken Patty Sandwich **Soft Pretzel Craveable** **Hash Brown Potato** **Cucumber Slices**	**12** Chicken & Mashed Potato Bowl Cheeseburger **Soft Pretzel Craveable** **Mashed Potatoes** **Baby Carrots**	**13** Pizza Day Turkey Hoagie **Soft Pretzel Craveable** **Green Beans** **Celery Sticks**
16 Italian Meatballs & Cheese on a Roll Chicken Nuggets or Plant-Based Nuggets with Roll **PBJ Uncrustable Craveable** **Oven Fries** **Baby Carrots**	**17** Mac & Cheese Chicken Patty Sandwich **PBJ Uncrustable Craveable** **Sweet Chili Roasted Brussels** **Salad w/ Tomato & Mozzarella**	**18** Hot Dog on a Roll Cheeseburger **PBJ Uncrustable Craveable** **Baked Beans** **Coleslaw**	**19** **THANKSGIVING for LUNCH** Chicken Patty Sandwich **PBJ Uncrustable Craveable** **Mashed Potatoes** **Green Pepper Strips**	**20** Pizza Day Italian Hoagie **PBJ Uncrustable Craveable** Roasted Sweet Potatoes Chickpea Salad
23 Breakfast Only	**24** Breakfast Only	**25** NO SCHOOL	**26** **NO SCHOOL**	**27** NO SCHOOL
30 Baked Ziti Pasta Bake with Garlic Bread Italian Hoagie **Pizza Craveable** **Steamed Mixed Veggies** **Cucumber Slices**				

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Reduced	FREE
Elementary	$2.85
MS/HS	$3.35
Adult	$4.65

Metz Culinary at Jenkintown
Chris Talmadge
General Manager
(215) 885-3722 ext. 118
Chris.Talmadge@metzcorp.com

Daily Alternates

Fresh Entree Salads, Cheeseburger, Cold Cut Sandwiches, Wraps, or Chicken Patty Sandwiches, Weekly Craveables

Fruit & Veggie Selection

Seasonal Fresh Fruits, Canned Fruit in Light Syrup, 100% Fruit Juice, Fresh Veggies, Steamed or Roasted Veggies, Leafy Salad, Composed Bean Salad, Seasonal Fresh Vegetable

Students may choose two ½ cup servings.

Milk Selection

1% white, fat-free white, fat-free chocolate

Pizza Craveable
Turkey pepperoni, Flatbread, Mozzarella Cheese, Pizza Sauce, Apple Slices
Soft Pretzel Craveable
2.2 oz Whole Grain Soft Pretzel with 4 oz Yogurt, String Cheese, Apple Slices
PBJ Uncrustable Craveable
2.6 oz Whole Grain Uncrustable, Cheese Stick, Goldfish Crackers, Apple Slices
Nachos Craveable
Tostitos Scoops, LandOLakes Cheese Sauce, Goldfish, Apple Slices, Salsa, String Cheese

SchoolCafe.com
For all you need.
Menus, Nutritional Information, Payments, and Parental Control

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

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